



AN AUTHENTIC LUXURY  
BOUTIQUE HOTEL





EXHALE



WHERE THE SPIRIT OF  
**SAINT LUCIA**  
COMES ALIVE

Discover the best kept all-inclusive secret in St Lucia and immerse yourself in true Caribbean luxury. East Winds is a breath taking tropical garden flowing to a sandy, secluded beach. Featuring 30 cottage style suites tucked away amongst lush vegetation and a kaleidoscope of colourful bird life.

East Winds is home to what many consider the best beach on the island, private, natural and beautiful.





TRANQUIL





SECLUDED



## ACCOMODATION

### SUPERIOR COTTAGE

Our Superior Cottages are located in the lower garden, close to the swimming pool, beach, restaurant and bars. Each offering large bedrooms and a cosy shaded patio, perfect for relaxing with a book and a coffee or an early evening drink before dinner.

### DELUXE COTTAGE

Located in the heart of the tropical garden mere moments from the beach, each Deluxe Cottage features a unique bathroom and sunken shower extending into your private garden. These cottages have a spacious and private covered terrace with wonderful views across the garden and the opportunity to see our bird life close-up.

### OCEAN FRONT ROOMS

Offering breath taking views to the Caribbean Sea our three Ocean Front Rooms and the Ocean Suite are located right on the edge of the beach. With private patio's and a front row seat to the finest sunset view in St Lucia.





EAT  
**DRINK**  
AND BE “YOU”

Our cuisine is of the highest standard. We work closely with local producers to source the freshest local ingredients such as Marlin or Swordfish caught daily from the Caribbean Sea, delicious vegetables from local farmers and herbs from our very own herb garden.

The Executive Chef carefully designs the most delicious of dishes selected from local Caribbean cuisine, well known international dishes and with plenty of vegetarian options available.

With an expertly prepared cocktail in hand, enjoy your evening meal to the sound of the sea and live nightly entertainment creating a soundtrack to your Caribbean holiday.

DELICIOUS





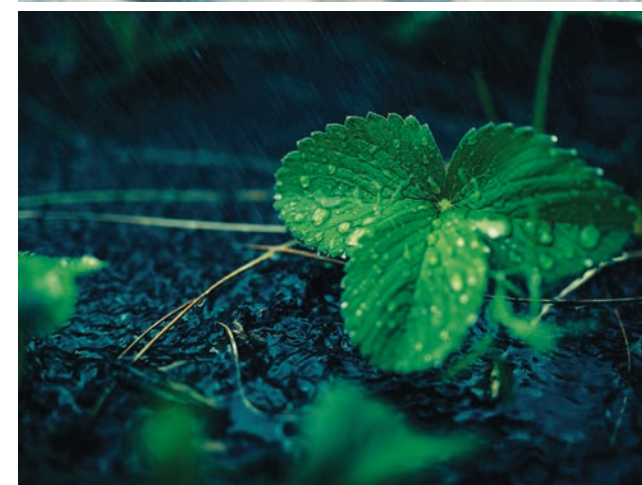


REFLECT





REJUVENATE



## WELLNESS

Balancing relaxation and activity is a key element of personal wellness.

Enjoy Yoga and Pilates in the stunning Garden Yoga Pavilion where all classes are tailored to suit your individual experience level.

Exercise using the small selection of gym equipment and experience our unique outside fitness trail, perfect for walking and running, with exercise stations in case you want to push yourself a little more.

### THE GARDEN SPA

The Philosophy behind the East Winds Garden Spa is to stay at one with nature. In our beautiful and ancient tropical garden, we grow many medicinal plants and herbs. At East Winds, we care about the environment and avoid using any harsh chemicals on your skin, preferring instead to focus on natural organic treatments using ingredients from the environment around us to relax, rejuvenate and energise you. Both inside, and out.





## TROPICAL GARDENS

Situated in 12 acres of tropical garden right on the beach, East Winds is home to a cornucopia of vibrant plants, trees and birdlife native to St Lucia. The 30 Cottages are dotted amongst the gardens and next to the beach, allowing guests to become fully immersed in the nature that surrounds them.







# SPECIAL OCCASIONS

## CELEBRATE THOSE **SPECIAL MOMENTS** AT EAST WINDS

Small and intimate, secluded and private, East Winds is perfect for a Wedding, Honeymoon or Special Celebration. Whatever the occasion we will create a once in a lifetime experience that you will never forget.

Our staff are always on hand to help tailor your event to suit you. Whatever your preferences we never say no.

Enjoy candlelit dinners overlooking the Caribbean Sea with the personal attention of your own private waiter in a secluded oceanfront gazebo – let us spoil you rotten from the moment you arrive.







## CONTACT US AT

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